

# New Parent Support Program



- Prenatal classes to prepare for parenthood
- Breastfeeding instruction and support
- Postpartum instruction and support
- Newborn care instruction and classes
- Parenting instruction for young children

**\*ALL CLASSES & SERVICES FREE to MILITARY and Families**



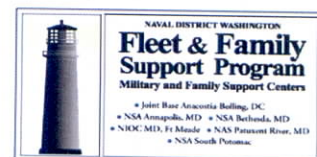
## Dads 101 Boot Camp

Taught by trained military dads for new dads and dads-to-be



## Home visits

- Skilled Maternal-Child RN
- Individualized support and instruction



For more information, call (301) 342-4911  
or (301) 757-1861